

Community and Therapy Services for Stroke Survivors – Private Clinics*

- Listing of private clinics created in response to COVID-19*
 - Find up-to-date listing on CRSN website: <https://www.crsn.ca/en/clinical-tools-resources/covid-19-resources>
- In March and April, most clinics shifted to telerehabilitation platforms offering:
 - Consultation and assistance with set up (often at no cost)
 - Assessment, therapy, education, consultation, exercise
 - In-person visits in urgent cases
- In Phase II re-opening for in-person visits
 - Prioritizing patient safety
 - Telerehabilitation continues
 - Some patients participate in a mix of in-person and virtual care

Clinic Name & Location(s) of Service Delivery	Virtual	In Clinic	In Home
Action Potential Rehabilitation	✓	✓	✓
Aphasia Centre of Ottawa	✓		
Interprofessional Clinic at Perley Rideau	✓	✓	
Maple Care Physiotherapy	✓	✓	✓
NeuroGym Rehabilitation	✓	✓	✓ (ax)
Neurologic	✓	✓	✓
TRAC	✓	✓	

*Please note: the organizations identified above indicated that they provide services appropriate for a person with stroke as part of an environmental scan for the eReferral to stroke services project in summer 2019. These services are listed as Stroke Services on Caredove. They were contacted during COVID-19 and asked to provide a listing of their current offerings appropriate for a new stroke client referral. This is not meant to be a comprehensive listing of all community and therapy services available for stroke survivors in Ottawa (e.g. private therapists working alone are not listed).

Inpatient Rehabilitation During COVID-19

Processes and procedures vary by site and can change frequently

Admission

- Internal transfers won't require swab (CCH, PRH)
- Negative COVID swab required for others
 - Either before admission
 - Or once admitted before precautions/isolation lifted

Isolation & Therapy

- Reorganized to respect physical distancing
- Most sites admit patients to general rehab population
- Bruyere (org-wide) required 14 day droplet and contact precautions
 - Patients participate in therapy during this period (e.g. mobilize in hallway with mask)

Visitation

- In-person visits not allowed at all sites
- Virtual (telephone, video) visits
- Where there is in-person visitation there are strict parameters around visitation (e.g. one visitor per patient can come for a specified period of time; max number of visitors per floor/unit at one time)
- Visitors are screened and required to wear mask
- Visitation happening in patient room

Outpatient Rehabilitation During COVID-19

- Many outpatient clinics were temporarily closed in March
- Ontario Health: Recommendations for Regional Health Care Delivery During the COVID-19 Pandemic: Outpatient Care, Primary Care, and Home and Community Care (June 8)
- Clinics are re-opening in some capacity
 - Urgent then semi-urgent cases
 - Virtual care
 - In-person and virtual mixed models
- Focus and priority on operationalizing virtual care
 - Many resources to support re-opening and virtual care are available