



Linking Hearts Regional Education Day

Agenda

Thursday, May 30, 2024
8:30 a.m. to 4:30 p.m. EST

TIME (EST)	AGENDA ITEMS	SPEAKER(S)
08:30-08:40	Opening day remarks	Bonnie Bowes, RN
Part I: The patient with valvular disease		
08:40-10:30	Valvular disease: early detection, treatments, and follow up post-op	David Messika-Zeitoun, MD Cindy Cross, RN Lawrence Lau, MD Sandra Wong, RN Kathryn Mclean, RN Patient partner
10:30-10:45	Break	
Part II: The patient with atrial fibrillation		
10:45-12:15	Recognizing atrial fibrillation (AF): Guideline recommended treatments, follow-up, and helping the patient with the mental health aspect of atrial fibrillation	Patient partner Anne Grenon, RN Rozen Alex, PhD
Part III: Cardiac Resources		
12:15-12:35	Research Update: Physical activity	Matheus Hausen, PhD
12:35-1:05	Lunch	
1:05-1:20	Virtual care: Telehome monitoring	Donna MacLeod, RN Jennifer Morand, RN
1:20-1:35	Cardiology update: Nitro Assist app and heart failure booklet	Lindsay MacArthur, RN
1:35-1:50	Cardiac surgery update: Sternal precautions	Cardiac Rehab staff member
1:40-1:55	Enhanced Recovery After Surgery (ERAS) and Prehab	Julie Sawyer, RN Amy Charlebois, RN
1:55-2:15	Obesity: A pilot project in Cardiac Rehab	Cardiac Rehab staff member
2:15-2:30	Break	
Part IV: The patient with a stroke		
2:30-4:00	The Stroke Care Journey: Inpatient management, stroke prevention and community supports	Alana Niles, RN (TOH) Sophia Gocan, RN (TOH) Michelle Simpson, RSW (TOH) Dylan Blacquiere, MD (TOH)
Part V: Caregiver resources		
4:00-4:20	Navigating heart disease within the family	Heather Tulloch, PhD Karen Bouchard, PhD Laura, Patient Partner
4:20-4:30	Closing day remarks	Bonnie Quinlan, RN