

START THE CONVERSATION

A WOMAN'S HEART HEALTH ACROSS HER LIFESPAN

WHAT EVERYONE NEEDS (INCLUDING FAMILY MEMBERS, HEALTH CARE PROVIDERS) TO KNOW ABOUT WOMEN AND HEART DISEASE.

- Heart disease is **under-studied, under-diagnosed** and **under-treated** in women.
- It is the **number one killer** of women over 35 worldwide, accounting for **more deaths every year** than all **cancers** combined.
- Come out to better understand how to **prevent** women's heart disease and ways to develop a **heart healthy lifestyle**.
- Speak with **experts** on women's heart health and **patients** alike!



MARION MARTELL

Women@Heart Ambassador
Canadian Women's Heart Health Centre
Division of Prevention and Wellness
University of Ottawa Heart Institute

CAROLYN COOPER

Clinical Nurse Manager
University of Ottawa Heart Institute



TUESDAY, NOVEMBER 21, 2017

7:00-9:00 pm

St. Andrews Presbyterian Church

2 Mulkins Street, Stittsville

PLEASE RSVP AT:

office@standrews-stittsville.ca

OR

613-831-1256

This is a **FREE** event and all are welcome.